

## **ILLNESS POLICY**

**Parents are advised to keep their children at home or to seek alternative care arrangements for the following conditions:**

- Pain - any complaints of unexplained or undiagnosed pain.
- Runny nose (green mucus indicates infection), watery eyes, coughing, sore throat, or productive cough.
- Difficulty in breathing - wheezing or a persistent cough.
- Fever (100°F/38.3°C or more) accompanied by general symptoms such as listlessness may be an early sign of illness that requires a doctor's attention.
- Sore throat or trouble swallowing.
- Infected skin or eyes or an undiagnosed rash.
- Headache and stiff neck (should see physician).
- Unexplained diarrhea or loose stool combined with nausea, vomiting or abdominal cramps. These may indicate a bacterial or viral infection that is easily passed from one child to another.
- Nausea and vomiting.
- Severe itching of body and scalp.
- Children with known or suspected communicable diseases.

**It is required to keep (or take) a child home when the child:**

- is suffering from one or more of the above symptoms.
- is not well enough to take part in the regular program of the facility.

**ULTIMATELY THE HEALTH OF THE CHILD IS THE PARENT'S RESPONSIBILITY.**

## **MEDICATION POLICY**

For the first 24 hours, the parents must give a new prescription or over-the-counter medication to the child at home. This allows the parents to observe how the child reacts to a new medication.

If a child requires medication while in the care of Whistler Kids and meets the requirements of our illness policy, the parent will need to complete a **Permission to Administer Medication** form. No medication will be given unless this form is completed in full and it meets the following requirements:

### **Prescription Medication will be administered if:**

- medication is in original container, with the pharmacist's label, marked with the child's name.
- the medication is a new prescription and has not expired.
- The child has received the medication for 24 hours prior and the parents have not observed any unusual reactions.

### **Over-the-counter Medication will be administered if:**

- a physician has recommended it in writing.
- the medication is in original container.
- the medication has not expired.
- The child has received the medication for 24 hours prior and the parents have not observed any unusual reactions.

Diaper creams, ointments and powders will be used, if needed and requested by the parents, however, written consent is not necessary. All creams should be removed from bags and stored in a safe place, out of reach by the children. Medications will be stored in a locked cupboard or in a locked box in the refrigerator.