



PLEASE INFORM YOUR SERVER  
IF YOU HAVE ANY FOOD ALLERGIES

**GF** GLUTEN FREE **V** VEGETARIAN **V+** VEGAN



## To Share

### CHICKEN WINGS 16.5

Crispy chicken wings. Your choice of Buffalo, Honey Garlic, Jack Daniels infused BBQ or Salt & Pepper served with a side of ranch and veggies

### POUTINE 18

A Canadian classic, Skin on fries covered in locally sourced cheese curds & a red wine demi-glaze

### GORGONZOLA POTATOES **V** 15

A GLC classic – crispy waffle fries served with a warm, rich gorgonzola dip

### TRUFFLE FRIES **V** 15

Tossed with truffle infused olive oil, Grana Padano Parmesan & spring onion, served with roasted garlic aoli

### FLATBREAD FEATURE 17.5

Daily chef creations, ask your server for todays special!

## Salads

### GLC SIGNATURE SUPERFOOD SALAD **GF** **V+** 18

Baby kale, raw beets, yellow peppers, red cabbage, fresh blueberries, avocado, millet grain, organic hemp hearts, roasted pumpkin seeds, fresh mint and broccoli sprouts. Served with a side of cider vinaigrette

*Add Chicken 6 Add Tofu 5*

## Mains

### GLC SIGNATURE BACON BURGER 19.75

Our famous all natural beef burger topped with chipotle BBQ sauce, melted cheddar cheese, crispy bacon, 'sassy sauce' and all the fixin's

### GLC SIGNATURE BEEF DIP 19

Canadian top round, seasoned and roasted in house. Topped with cheddar cheese, horseradish mayo on a rustic baguette served with au jus

**GO BIG!** add bacon & sauteed mushrooms 3.5

### GRILLED CHICKEN SANDWICH 19

Grilled chicken breast, BBQ sauce, crispy bacon, melted cheddar cheese & chipotle mayo topped with coleslaw, served on a Portuguese bun

### PULLED PORK SANDWICH 19

GLC signature pulled pork topped with coleslaw, chipotle mayo and crispy onions, served on a Portuguese bun

BEEF DIP SERVED WITH YOUR CHOICE OF STRAIGHT CUT FRIES OR MIXED GREENS

GLC BURGER & SANDWICHES SERVED WITH YOUR CHOICE OF WAFFLE FRIES OR MIXED GREENS

**GF** BUN AVAILABLE

*Add ons Gorgonzola Sauce 2.5*

*Sliced Avocado 3*

*Mushrooms 2.5*

## Bowls

### AHI POKE 21.5

Sashimi grade ahi tuna marinated Hawaiian style, cold sushi rice, Japanese mayo, seaweed salad, avocado, radish, pickled ginger and crispy wontons, topped with furikake

### GLORY BOWL **V** **V+** 19

Grilled Tofu, brown rice, julienne beets & carrots on a bed of kale and topped with slivered almonds, served with a side of nutritional yeast vinaigrette

## Kids

### CHICKEN FINGERS 12

Served with waffle fries, crunchy veggies and plum sauce

### GRILLED CHEESE SANDWICH **V** 12

Served with waffle fries and crunchy veggies

## Dessert

### LUCIA GELATO 5.25

250ml Cup of Lucia Gelato,  
Rotating flavors so please ask your server!.....ENJOY

