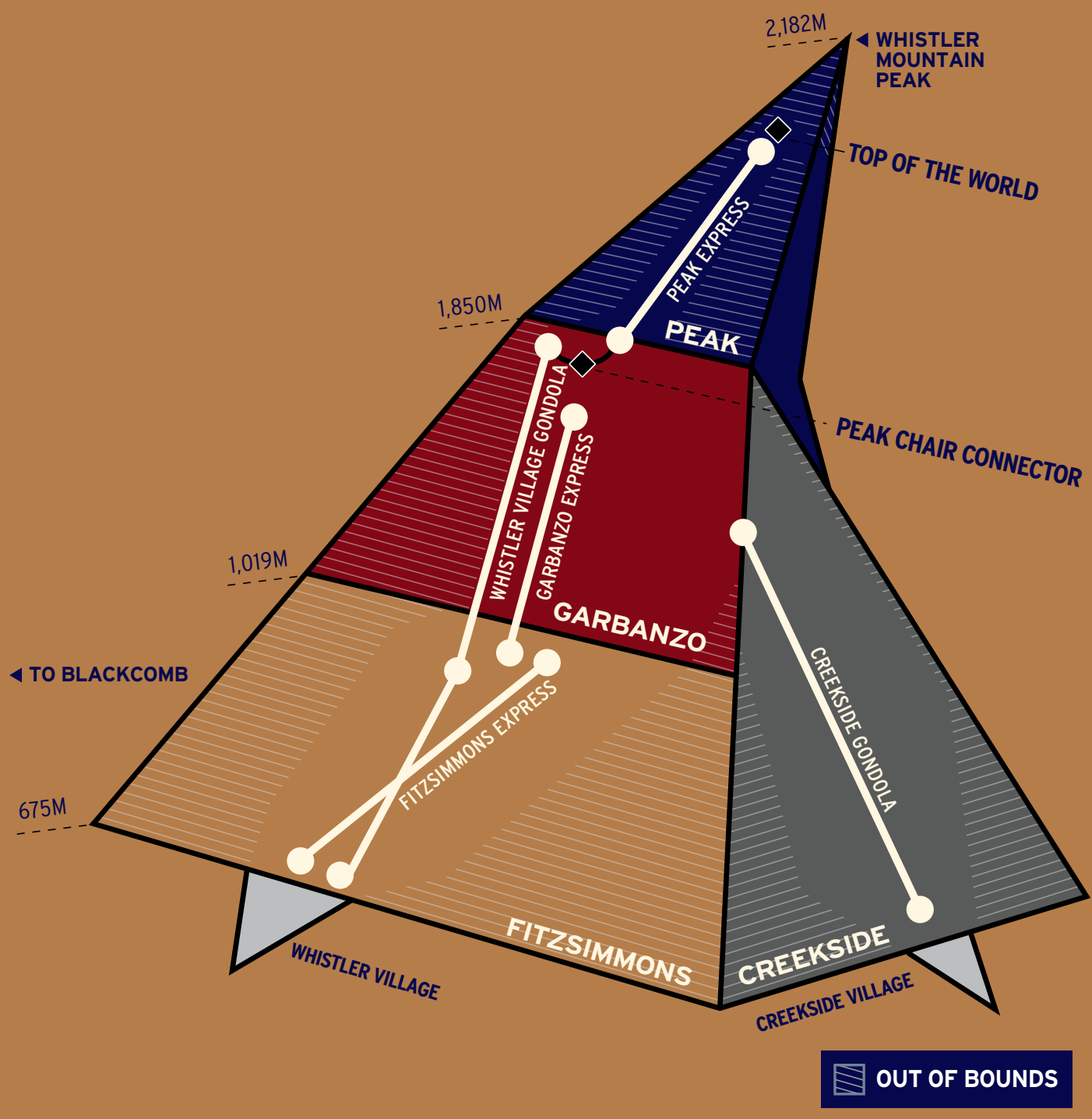
WHISTLER MOUNTAIN BIKE PARK

BIKE PARK MAP

BIKE PARK ZONES



Free Wi-Fi powered by TELUS

ON-MOUNTAIN EMERGENCIES:

604.935.5555

OFF-MOUNTAIN EMERGENCIES:

911

FIRE EMERGENCIES:

604.938.FIRE

FIRST TIME AT WHISTLER BIKE PARK?

START HERE

ORIENTATION CENTRE

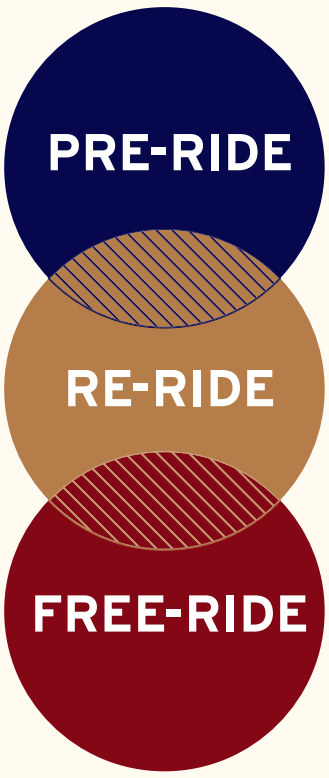
- Designed for first time Bike Park riders.
- Free orientation sessions to learn bike handling skills and how to navigate trails.
- Smooth, gradual gradients for practicing bike positioning, braking and cornering.

KNOW WHAT YOU'RE RIDING

It's important to learn to navigate the trails with confidence. Follow our recommended routes which are designed for progression. These routes start small and let you build your skills by linking together various terrain and features you'll find around the Bike Park. Just reference the Trail Progression Chart to the left of the Fitzsimmons map. Or take a lesson from our Bike School and we show you all the best trails for your level.

THE SMART WAY TO START

Crashes can happen anytime, especially on your first lap. Ride the trail multiple times to get familiar with the features and equipment you're on so you can confidently push your limits without pushing your threshold. The best way to remember this is with the graphic below. A PRE, RE, and FREE-RIDE mentality should be used by riders of all ages and skill levels.



Wake up the brain and body. Inspect the trail at low speed.

Lap the trail a few times to get the flow of the features.

Start small and work your way up to faster speeds and larger features.

NEW RIDERS

If you're new to the Bike Park, all riders should take the Fitzsimmons Express chairlift and ride 'EZ Does It' back down to the village. Repeat until you feel 100% comfortable on your bike and with the trail.

- EZ DOES IT

WHAT'S NEXT: Now that you're feeling confident, try this trail route at a slow speed. Move on when you feel 100% ready.

- EZ DOES IT
- CRABAPPLE TURNS
- DEL BOCCA VISTA
- EZ DOES IT

WHAT'S NEXT: Head to 'B-Line' for larger rollers and berms.

EXPERIENCED RIDERS

It doesn't matter your experience level, everyone needs a warm up lap on 'EZ Does It' and 'B-Line' to start their day.

- EZ DOES IT
- B-LINE

WHAT'S NEXT: After your warm up lap try the following route of Freeride and Technical trails to help you ease into your day.

- B-LINE
- NINJA COUGAR
- KARATE MONKEY
- SAMURAI PIZZA CAT
- HO CHI MIN
- EZ DOES IT

WHAT'S NEXT: Try linking 'Funshine Rolly Drops', 'Smoke & Mirrors', 'Blueseum' and 'Wednesday Night Delight' from 'B-Line'. From there you can move on to 'Crank It Up', and re-ride it until you master all the features on that trail.

These trails are listed in order of difficulty from green being the easiest to red being pro level.

PROGRESSION MATRIX

FB - 1	●	EZ DOES IT	FITZSIMMONS	FREERIDE TRAILS
FB - 1	●	CRABAPPLE TURNS	FITZSIMMONS	
FC - 1	●	GOLDEN TRIANGLE	FITZSIMMONS	
FB - 2	■	WORLD CUP SINGLE TRACK	FITZSIMMONS	
FA - 1	■	B-LINE	FITZSIMMONS	
FB - 3	■	HEART OF DARKNESS	FITZSIMMONS	
FB - 4	■	FAMILY CROSS	FITZSIMMONS	
CB - 1	■	SOUTHPARK	CREEKSIDE	
CB - 2	■	BENGAL BEAR	CREEKSIDE	
GB - 4	■	BLUEBERRY BATHTUB	GARBANZO	
GA - 1	■	UNA MOSS	GARBANZO	
CB - 2	■	EARTH CIRCUS	CREEKSIDE	
CB - 1	■	MIDGARD	CREEKSIDE	
CB - 1	■	ELIXIR	CREEKSIDE	
CB - 1	■	INSOMNIA	CREEKSIDE	
CB - 1	■	PALM CORNERS	CREEKSIDE	
FA - 1	■	CRANK IT UP	FITZSIMMONS	
GB - 4	■	LITTLE ALDER	GARBANZO	
FA - 2	■	C-MORE	FITZSIMMONS	
CB - 1	■	SHAKE AND BAKE	CREEKSIDE	
GA - 2	■	BLUE VELVET	GARBANZO	
GB - 4	◆	SIDETRACK	GARBANZO	
FB - 1	◆	RIPPIN' RUTABAGA	FITZSIMMONS	
GA - 2	◆	FREIGHT TRAIN	GARBANZO	
FA - 1	◆	A-LINE	FITZSIMMONS	
FB - 1	◆◆	FADE TO BLACK	FITZSIMMONS	
FB - 1	◆◆	UPPER DIRT MERCHANT	FITZSIMMONS	
FB - 1	▲	LOWER DIRT MERCHANT	FITZSIMMONS	
FB - 3	▲	DWAYNE JOHNSON	FITZSIMMONS	
FB - 1	▲	CRABAPPLE HITS	FITZSIMMONS	
GB - 4	▲	D1	GARBANZO	

These trails are listed in order of difficulty from green being the easiest to red being pro level.

PROGRESSION MATRIX

FC - 1	●	ROD	FITZSIMMONS	TECHNICAL TRAILS
FC - 1	●	TODD	FITZSIMMONS	
FB - 2	●	DEL BOCA VISTA	FITZSIMMONS	
FB - 2	●	SHADY ACRES	FITZSIMMONS	
FB - 3	■	HO CHI MIN	FITZSIMMONS	
FA - 1	■	FANTASTIC	FITZSIMMONS	
FB - 4	■	HORNET	FITZSIMMONS	
FA - 1	■	NINJA COUGAR	FITZSIMMONS	
FB - 2	■	KARATE MONKEY	FITZSIMMONS	
FB - 2	■	BLUESEUM	FITZSIMMONS	
FB - 2	■	SMOKE & MIRRORS	FITZSIMMONS	
FB - 3	■	WEDNESDAY NIGHT DELIGHT	FITZSIMMONS	
FB - 3	■	DEVIL'S CLUB	FITZSIMMONS	
FB - 2	■	SAMURAI PIZZA CAT	FITZSIMMONS	
FB - 1	■	LOWER ANGRY PIRATE	FITZSIMMONS	
CB - 1	■	CAPTAIN JACK	CREEKSIDE	
FA - 2	■	FUNSHINE ROLLY DROPS	FITZSIMMONS	
FB - 4	◆	MONKEY HANDS	FITZSIMMONS	
FB - 1	◆	UPPER ANGRY PIRATE	FITZSIMMONS	
GB - 4	◆	TOO TIGHT	GARBANZO	
GB - 4	◆	MCKENZIE RIVER TRAIL	GARBANZO	
FB - 3	◆	AFTERNOON DELIGHT	FITZSIMMONS	
GB - 4	◆	DUFFMAN	GARBANZO	
CB - 1	◆	MISS FIRE	CREEKSIDE	
GB - 2	◆	NO JOKE	GARBANZO	
CB - 1	◆	DELAYED FUSE	CREEKSIDE	
CA - 1	◆	SABERTOOTH HORSE	CREEKSIDE	
CB - 1	◆	LOWER RIDE DON'T SLIDE	CREEKSIDE	
CB - 2	◆	LINE OF CONTROL	CREEKSIDE	
GA - 2	◆	ORIGINAL SIN	GARBANZO	
PA - 1	◆	TOP OF THE WORLD	PEAK	
CB - 2	◆	BC'S TRAIL	CREEKSIDE	
FA - 2	◆	LOWER WHISTLER DH	FITZSIMMONS	
GB - 3	◆	FATCROBAT	GARBANZO	
GB - 3	◆◆	DROP IN CLINIC	GARBANZO	
FA - 1	◆◆	UPPER WHISTLER DH	FITZSIMMONS	
FA - 1	◆◆	SCHLEYER	FITZSIMMONS	
GB - 4	◆◆	NO DUFF	GARBANZO	
FA - 2	◆◆	UPPER JOYRIDE	FITZSIMMONS	
FB - 3	◆◆	POLP FICTION	FITZSIMMONS	
FB - 3	◆◆	CLOWN SHOES	FITZSIMMONS	
GB - 3	◆◆	IN DEEP	GARBANZO	
FB - 3	◆◆	TECH NOIR	FITZSIMMONS	
FA - 2	◆◆	LOWER JOYRIDE	FITZSIMMONS	
FA - 2	◆◆	DETROIT ROCK CITY	FITZSIMMONS	
FA - 2	◆◆	CANADIAN OPEN DH	FITZSIMMONS	
FA - 2	◆◆	FRENCH CONNECTION	FITZSIMMONS	
GB - 3	◆◆	CAPTAIN SAFETY	GARBANZO	
GB - 3	◆◆	GOAT'S GULLY	GARBANZO	

UNDERSTANDING BIKE PARK SIGNAGE

All routes within the Bike Park are designated by colour-coded trail markers at the start of each descent. Trails with an orange oval indicate Freeride trails with man-made features and require jumping skills. Work your way up to more advanced trails and features based on your progression, skill and comfort level.

FREERIDE

Freeride trails are machine-cut and contain man-made features. Routes are enhanced with dirt jumps, ride-on features, gaps, narrow surfaces, wallrides, berms and other natural or constructed features. All Freeride trails are identified with an orange oval.

JUMPING SKILLS REQUIRED

TECHNICAL

Technical trails are designed to embrace the rugged shape and terrain of the mountain, utilizing a majority of natural terrain. Routes are typically hand-built and feature organic obstacles and stunts such as rocks, roots, logs, drops, jumps and other natural or constructed features that require technical riding skills. Technical trails are identified by their difficulty symbol. Jumping skills may be required.

Here are examples of some of the signage you might encounter.

Jump take off

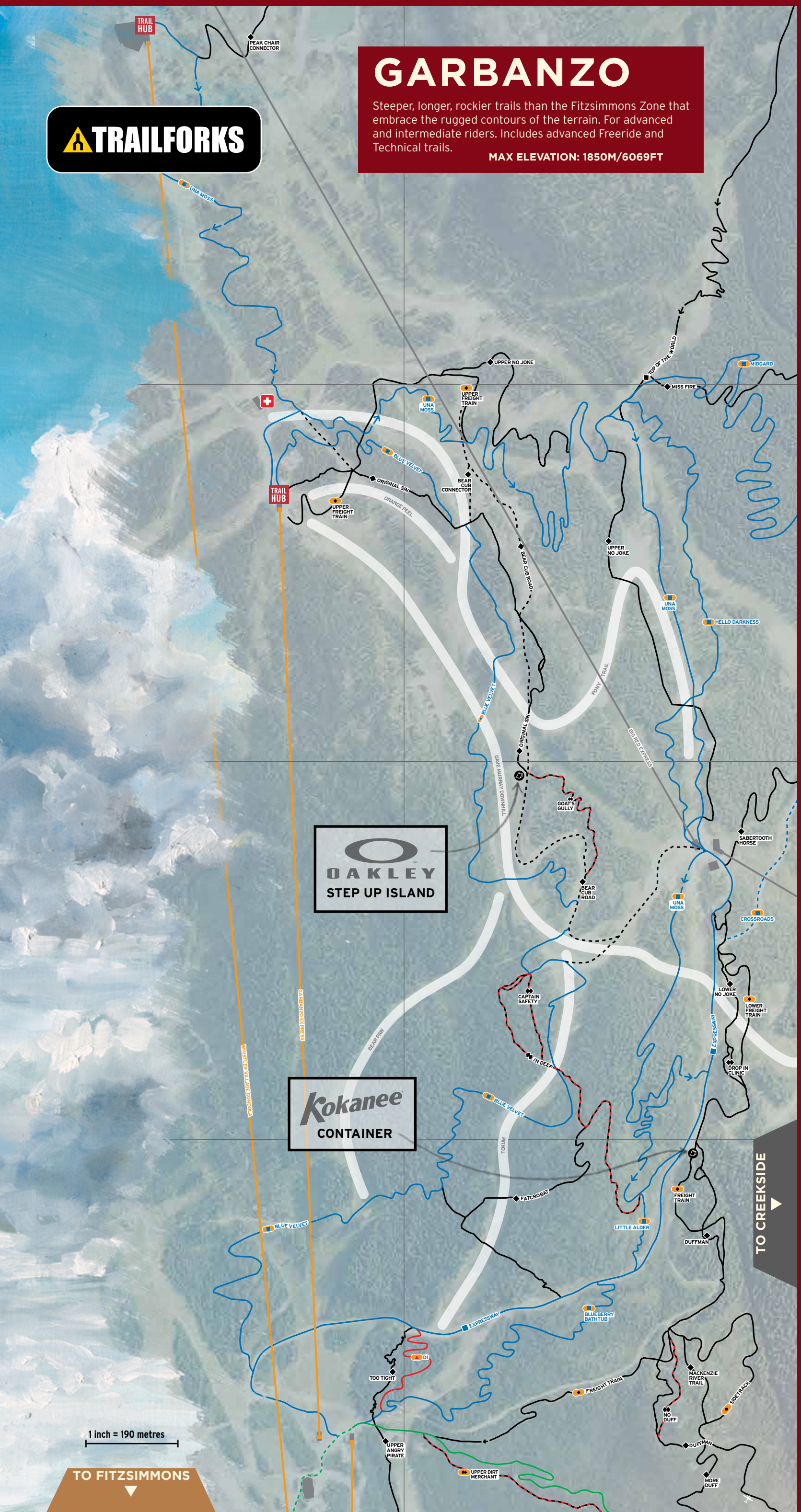
More difficult jump take off

GA GB

GARBANZO

Steeper, longer, rockier trails than the Fitzsimmons Zone that embrace the rugged contours of the terrain. For advanced and intermediate riders. Includes advanced Freeride and Technical trails.

MAX ELEVATION: 1850M/6069FT



1 2 3 4

PA PB

PEAK

Whistler's iconic alpine zone features a 5,000-vertical-foot descent to the Valley floor. For advanced riders only. Includes Technical Trails.

MAX ELEVATION: 2182M/7160FT

HIKING ONLY

WHISTLER PEAK
Cloudraker Skybridge
ELEVATION: 2,182m/7,160ft
First Aid Station

BIKE PARK BOUNDARY
PEAK EXPRESS
TOP OF THE WORLD - McSKIMMING'S DREAM
BIKE PARK BOUNDARY

PEAK CHAIR CONNECTOR

TRAIL HUB

GMC MEETING PLACE

ROUNDHOUSE LODGE
ELEVATION: 1,850m/6,069ft
Umbrella Bar & Viewing Deck

WHISTLER VILLAGE GONDOLA

UNA MOSS

FIRST AID STATION
BLUE VELVET
GARBANZO 1,686M/5,532FT
TRAIL HUB
FREIGHT TRAIN
ORIGINAL SIN
UPPER NO JOKE
MIDGARD
MISS FIRE

1 inch = 365 metres

1

2

CA CB

WHISTLER VILLAGE GONDOLA
GARBANZO EXPRESS

UNA MOSS
TOP OF THE WORLD
PEAK ZONE

UPPER NO JOKE
MISS FIRE
MIDGARD
BLUE VELVET
UNA MOSS
HELLO DARKNESS

GARBANZO ZONE

SABERTOOTH HORSE
SOUTHPARK
UNA MOSS
CROSSROADS (CONNECTOR TO CREEKSIDE)
PALM CORNERS
ELIXIR
DELAYED FUSE
CAPTAIN JACK
SHAKE AND BAKE
LOWER RIDE DON'T SLIDE
NO RETURN TO CREEKSIDE
EXPRESSWAY
CIRQUE DU SOIL
FREIGHT TRAIN
CREEKSIDE GONDOLA
BENGAL BEAR
EARTH CIRCUS
INSOMNIA
LINE OF CONTROL
KADENWOOD CONNECTOR

CREEKSIDE GONDOLA
ELEVATION: 1,300m/4,264ft

CREEKSIDE

The Bike Park's freshest and purest singletrack area. Recommended for intermediate to expert riders looking to ride alongside cascading creeks through lush, green forests.

MAX ELEVATION: 1442M/4730FT

BC'S TRAIL

CREEKSIDE VILLAGE
Guest Services, Garbanzo Bike, Creekside, Dusty's Bar & Grill
TBD

PLAYGROUND

1 inch = 375 metres

1

2

FITZSIMMONS

The original Bike Park zone with the largest variety of trails and features for every skill level. Includes Technical, Freeride, and beginner trails for all abilities.

MAX ELEVATION: 1019M/3346FT

SKILLS CENTRE

- For the beginner to intermediate rider.
- Small berms to practice cornering.
- Small wooden features to practice bridges and other man-made features found on blue Technical trails.
- Progression rollers and jumps to practice features found on blue Freeride trails.

PSI

GATORADE SKILLS PARK

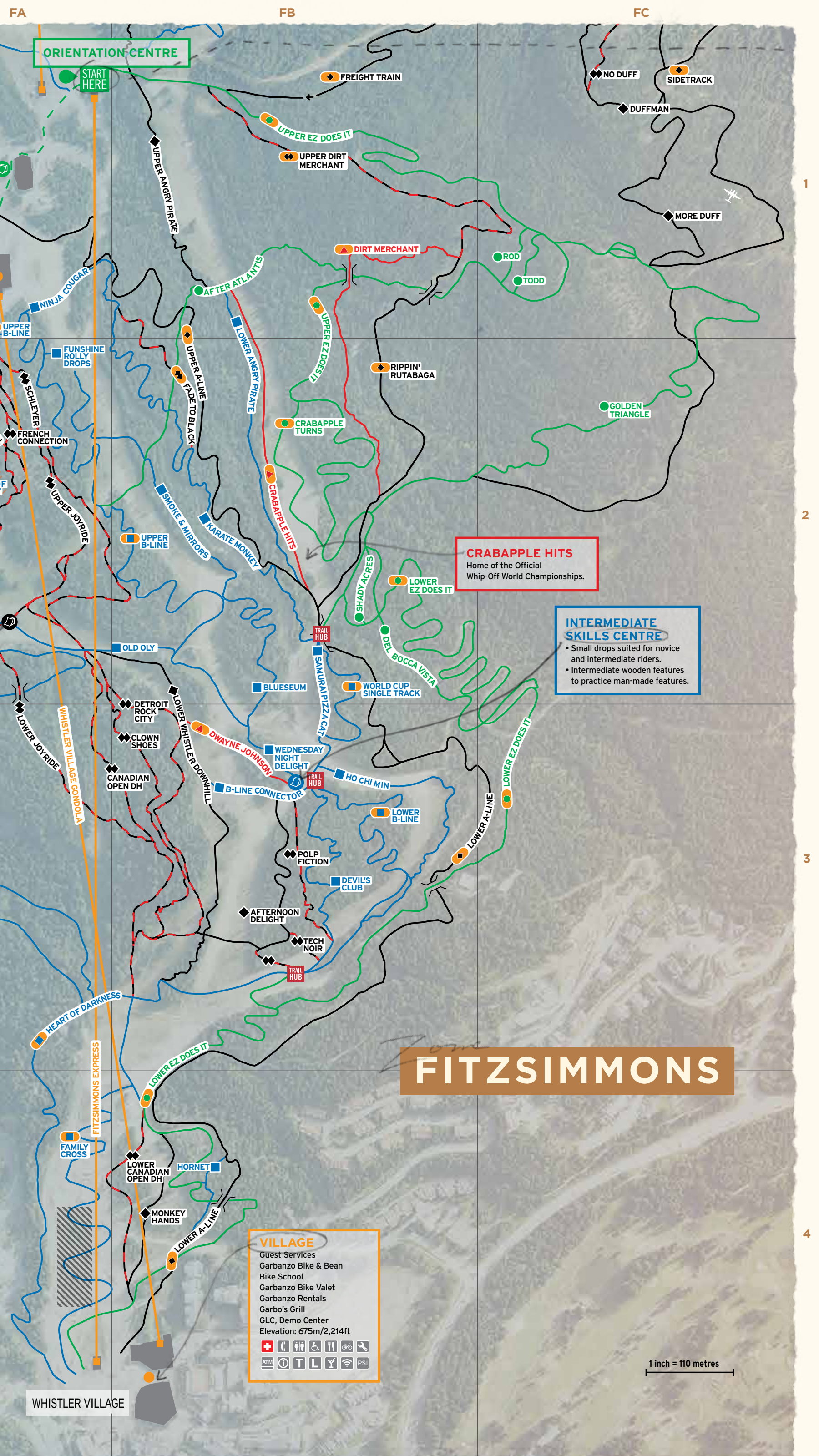
- For intermediate to advanced riders.
- Medium size jump and drop features.
- Progress on technical features.

JOYRIDE JUMP PARK

- Advanced jump and drop zone.
- For riders looking to progress from intermediate freeride skills to advanced freeride skills.

FA
FB
1
2
3
4

ORIENTATION CENTRE
START HERE
TRAIL HUB
UPPER ANGRY PIRATE
UPPER
AFTER ATLANTIS
NINJA COUGAR
UPPER B-LINE
FUNSHINE ROLLY DROPS
UPPER WHISTLER DOWNHILL
SCHLEYER
FRENCH CONNECTION
UPPER CRANK IT UP
FANTASTIC
OUT OF SIGHT
UPPER JOYRIDE
UPPER A-LINE
FADE TO BLACK
LOWER ANGRY PIRATE
CRABAPPLE HITS
SMOKE & MIRRORS
KARATE MONKEY
UPPER B-LINE
OLD OLY
LOWER CRANK IT UP
LOWER CRANK IT UP
C-MORE
LOWER JOYRIDE
WHISTLER VILLAGE GONDOLA
DETROIT ROCK CITY
CLOWN SHOES
CANADIAN OPEN DH
LOWER WHISTLER DOWNHILL
DWAYNE JOHNSON
BLUESEUM
WEDNES NIGHT DELIGHT
B-LINE CONNECTOR
AFTERNOON DELIGHT
TRAIL HUB
HEART OF DARKNESS
FITZSIMMONS EXPRESS
LOWER EZ DOES IT
FAMILY CROSS
LOWER CANADIAN OPEN DH
HORNET
MONKEY HANDS
LOWER A-LINE
GMC DUAL SLALOM
WHISTLER VILLAGE
1 inch = 110 metres


FA
FB
FC
1
2
3
4
ORIENTATION CENTRE
START HERE
FREIGHT TRAIN
NO DUFF
SIDETRACK
DUFFMAN
UPPER EZ DOES IT
UPPER DIRT MERCHANT
UPPER ANGRY PIRATE
MORE DUFF
DIRT MERCHANT
ROD
TODD
NINJA COUGAR
AFTER ATLANTIS
UPPER B-LINE
FUNSHINE ROLLY DROPS
UPPER A-LINE
FADE TO BLACK
LOWER ANGRY PIRATE
UPPER EZ DOES IT
RIPPIN' RUTABAGA
SCHLEYER
FRENCH CONNECTION
GOLDEN TRIANGLE
CRABAPPLE TURNS
UPPER JOYRIDE
SMOKE & MIRRORS
KARATE MONKEY
CRABAPPLE HITS
UPPER B-LINE
CRABAPPLE HITS
Home of the Official Whip-Off World Championships.
SHADY ACRES
LOWER EZ DOES IT
TRAIL HUB
OLD OLY
SAMURAI PIZZA CAT
DEL BOCCA VISTA
INTERMEDIATE SKILLS CENTRE
• Small drops suited for novice and intermediate riders.
• Intermediate wooden features to practice man-made features.
BLUESEUM
WORLD CUP SINGLE TRACK
DETROIT ROCK CITY
LOWER WHISTLER DOWNHILL
LOWER JOYRIDE
WHISTLER VILLAGE GONDOLA
CLOWN SHOES
DWAYNE JOHNSON
WEDNESDAY NIGHT DELIGHT
LOWER EZ DOES IT
CANADIAN OPEN DH
TRAIL HUB
HO CHI MIN
B-LINE CONNECTOR
LOWER B-LINE
LOWER A-LINE
POLP FICTION
DEVIL'S CLUB
AFTERNOON DELIGHT
TECH NOIR
TRAIL HUB
HEART OF DARKNESS
FITZSIMMONS
LOWER EZ DOES IT
FITZSIMMONS EXPRESS
FAMILY CROSS
LOWER CANADIAN OPEN DH
HORNET
MONKEY HANDS
LOWER A-LINE
VILLAGE
Guest Services
Garbanzo Bike & Bean
Bike School
Garbanzo Bike Valet
Garbanzo Rentals
Garbo's Grill
GLC, Demo Center
Elevation: 675m/2,214ft
ATM
PSI
1 inch = 110 metres
WHISTLER VILLAGE

PEAK ZONE LIMITED ACCESS

Due to the sensitivity of the trail, the number of riders accessing the Peak Zone is limited per day and requires an additional $23 Top of the World lift ticket. Advanced purchase is strongly encouraged.

See Guest Services for more details.

RIDING IN THE ALPINE IS A PRIVILEGE THAT NEEDS TO BE RESPECTED. IT IS A DELICATE ENVIRONMENT THAT REQUIRES EVERY VISITOR TO BE RESPONSIBLE ABOUT PRESERVING ITS NATURAL STATE.

1. Bikes are not permitted in Garibaldi Provincial Park. Lift privileges revoked for violation.
2. Mountain weather changes quickly. Be prepared with appropriate clothing and footwear.
3. Stay on marked trails. Do not cut corners.
4. Always ride in control.
5. Be aware of unmarked obstacles and trail changes.
6. Ride with a partner.
7. Body armour and a full-face helmet are recommended.

NOTICE TO ALL WHISTLER BIKE PARK RIDERS

SAFETY - INHERENT RISK - EXCLUSION OF LIABILITY

As with many adventure sports, riding in the Whistler Bike Park involves the risk of injury, including serious injury, head injury, paralysis or death. The risk of injury increases with the degree of difficulty of the trail and the speed of descent. Although the risk of injury can never be eliminated, the rider can manage the risk through controlling speed and choosing terrain appropriate for the rider's skill and experience. Orientation sessions, lessons, clinics and coaching offered through the Whistler Bike Park will also assist the rider in managing the risk of injury.

The use of the Whistler Bike Park is subject to the Bike Park release of liability, waiver of claims and assumption of risk agreement.

For further details, please contact Guest Services.

BIKE PARK ORIENTATION GUIDE

New to downhilling or the Whistler Mountain Bike Park? Pick up a copy of our Orientation Guide, packed with tips and pointers for new riders to the Bike Park.

EMERGENCIES & FIRST AID

You might not be able to anticipate an accident, but you can at least be prepared for one. For first aid assistance in the Bike Park, call patrol for help and let them know your location. If possible, move to the side of the trail and out of the way.

SAFETY FIRST

We make every effort to ensure our Bike Park is built for fun and safety, but all riders have the responsibility to come prepared for whatever the trails bring. Before you ride, take note of your bike equipment, new trail conditions and how you're feeling throughout the day. It's important to stay hydrated, eat a snack or take a break, especially in the summer. Don't push it if you aren't feeling it. Mountain biking is a sport with inherent risks and serious injury can occur.

GEAR UP

A helmet is mandatory for every rider, but we strongly recommend padding up with additional protective gear, carrying basic tools to fix a flat tire and hydrating throughout the day. Equipment, including spare parts, extra tubes, clothing and tools, is available at Garbanzo Bike & Bean at the Carleton Lodge. Test ride the industry's latest bikes from the Demo Centre, featuring a range of bikes from Santa Cruz, GT, Norco, Scott and Devinci. Hourly, single and multi-day rentals available.

GET ORIENTED

New to the Bike Park or unsure of where to begin? Start at the Orientation Centre located at the top of the Fitzsimmons Express, where instructors will help you get comfortable on your bike and learn how to navigate the Bike Park. Afterwards, progress your skills at the Fitzsimmons Skills Centre, where you can practice riding on small features, cornering, jumping and balancing.

FUEL YOUR RIDE

Kickstart your ride with a coffee or breakfast on the go at Garbanzo Bike & Bean inside the Carleton Lodge, where you can load up on official Whistler Mountain Bike Park gear while you wait for a snack. For a longer midday break, head to the legendary GLC or Dusty's to get your fill of food and drink with prime views of the Bike Park.